

Masters of Science in Nutrition and Human Performance 2018-2019 Academic Degree Plan

Student Name: _____ Date: _____

Core Courses (24 credit hours)	Credit	Term & Year
NUTR 05202 Lifecycle Nutrition	3	
NUTR 06201 Nutritional Science	3	
NUTR 06104 Clinical Nutrition in Human Systems I	3	
NUTR 06202 Clinical Nutrition in Human Systems II	3	
NUTR 06102 Natural Therapies: Herbology and Detox	3	
RMET 05301 Nutrigenetics and Nutrigenomics	3	
RMET05101 Research Methods in Healthcare	3	
NUTR 06204 Nutrition Epidemiology & Health Promotion	3	
	Total Credits	

Choose one of the Following Listed Concentrations:

Integrative Nutrition & Practice (13 credit hours) (DC)	Credit	Term & Year
CL07708 Gastrointestinal/Urology	5	
CL07709 Endocrinology	2	
NUTR 05104 Gut Microbiome, Nutrition, & Behavior	3	
CAPS 08105 Professional Track (must be taken DC Tri 10 or after its successful completion)	3	
	Total Credits	

Integrative Nutrition & Practice (12 credit hours) (Other Professional Degree)	Credit	Term & Year
Course Transfer #1	3	
Course Transfer #2	3	
Course Transfer #3	3	
NUTR 05104 Gut Microbiome, Nutrition, & Behavior	3	
CAPS 08105 Professional Track	3	
	Total Credits	

Health Education & Promotion (12-15 credit hours)	Credit	Term & Year
HLTS 06103 Program Planning & Assessment	3	
HLTS 06101 Health Education Concepts & Theories	3	
HLTS 06102 Media, Technology, & Public Health	3	
NUTR 08103 Thesis (3) & MATH 06101 Statistics (3) or	6	
NUTR 08101 Internship or	6	
CAPS 08105 Professional Track	3	
	Total Credits	

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Nutritional Wellness - <u>CHOOSE 3 courses plus the applicable Capstone (12-15 credit hours)</u>	Credit	Term & Year
NUTR 05103 Nutrition & Physical Performance	3	
NUTR 05201 Survey of Sustainable Food Systems	3	
HLTS 06103 Program Planning & Assessment	3	
NUTR 06203 Nutrition in Pain and Inflammation	3	
NUTR 06301 Geriatric Nutrition	3	
NUTR 05104 Gut Microbiome, Nutrition, & Behavior	3	
NUTR 08103 Thesis (3) & MATH 06101 Statistics (3) <u>or</u>	6	
NUTR 08101 Internship <u>or</u>	6	
CAPS 08105 Professional Track	3	
	Total Credits	

Sports & Fitness Nutrition - <u>CHOOSE 3 courses plus the applicable Capstone (12-15 credit hours)</u>	Credit	Term & Year
NUTR 05103 Nutrition & Physical Performance	3	
PSYH 06202 Psychology of the Athlete	3	
NUTR 06101 Nutritional Assessment of Athletes	3	
NUTR 06203 Nutrition in Pain and Inflammation	3	
NUTR 05104 Gut Microbiome, Nutrition, & Behavior	3	
NUTR 08103 Thesis (3) & MATH 06101 Statistics (3) <u>or</u>	6	
NUTR 08101 Internship <u>or</u>	6	
CAPS 08105 Professional Track	3	
	Total Credits	

Student Signature: _____ Date: _____

Advisor Signature: _____ Date: _____

*Director Signature: _____ Date: _____

*Director signature only required for approval of courses not on the standard ADP